



PENGUIN IN THE PARK 5K RUN/WALK

SATURDAY, MARCH 30, 2019

DECATUR, IL | 9:00 AM, FAIRVIEW PARK PAVILION

PENGUIN JR. DASH

REGISTRATION & INFORMATION

- Packet pick-up from 11:00 am – 5:00 pm, Staley Credit Union, 3330 N Woodford, Decatur, on Friday, March 29 (packets picked up on Friday will be entered into a drawing for a \$25 Visa Check Card)
- Packet pick-up also from 7:00 am – 8:15 am on race day at Fairview Pavilion
- Free post-race party for those registered at Griswold Gym at Millikin following race
- Awards and prizes at 10:30 am

PROCEEDS

- All proceeds will help benefit the DISC youth programs and Millikin's John "The Penguin" Bingham Scholarship

COMPLIMENTARIES

- Short sleeve *performance cotton* T-shirt
- More surprise goodies announced later

RACE COURSE

- Race starts in Fairview Park on roadway then switches to scenic bike path
- Pets and strollers are not allowed

AWARDS

- 3 awards per age group per gender
- Commemorative *Finisher Medal*
- Overall male & female winners will be eliminated from their respective age group

8 & younger	20 – 24	40 – 44	60 – 64
9 – 11	25 – 29	45 – 49	65 – 69
12 – 14	30 – 34	50 – 54	70 – 74
15 – 19	35 – 39	55 – 59	75 & older

PENGUIN JR. DASH

- 300 meters. Untimed. Starts @ 8:30 am
- T-shirt and goody bag included

REGISTER ONLINE AT

PENGUIN5K.COM (NO PROCESSING FEES)

ENTRY FEES

	5K	Penguin Jr. Dash	\$1 discount for Decatur Running Club members, Millikin students/alum/faculty/staff, and Decatur Indoor Sports Center members for registrations on or before March 24, 2019. Not eligible for multiple discounts.
On or before March 3	\$23	\$13	
Between March 4 and March 24	\$30	\$15	
After March 24 and on race day	\$35	\$20	

Mail & make checks payable to: **Penguin in the Park NFP - 29 Sundance Dr. Mt Zion, IL 62549**

ENTRY FORM & WAIVER

FIRST NAME MI LAST NAME

STREET ADDRESS CITY STATE ZIP

EMAIL PHONE NUMBER

_____/_____/_____
BIRTHDATE

SIGNATURE

DATE

5K PENGUIN DASH

MALE FEMALE

\$1 Discount (check 1), by 3/24

DECATUR RUNNING CLUB

MILLIKIN UNIVERSITY

DISC MEMBER

SHIRT SIZE: Youth Med Youth Lg. S M L XL XXL

I know that running/walking a road race is a potentially hazardous activity. I know that I should not enter a run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running this event. I also know that although police protection will be provided, I assume the risk of running/walking in traffic. Having read this waiver and knowing these facts and in consideration of you accepting my application and non-refundable entry fee, I, for myself and anyone entitled to act on my behalf, waive and release Penguin in the Park NFP, its officers, and directors. Decatur Park District, Millikin University, City of Decatur, and all other sponsors, officials, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this race. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this race for any legitimate purpose.

UNSIGNED ENTRIES WILL BE REJECTED